

New Stock of Club Kit Available



The club have recently taken delivery of additional team tops and jackets. These are now available to order from Andrew Wallace.

As you might expect, the costs have increased since the last order was placed a few years ago. However, the club is offering reduced pricing on all orders for the rest of this year:

Tops: £25 (£15 Juniors)

Jackets: £39

For more information and an enquiry form see the [NOC Kit page](#)

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(Photo: Mick Lucking)

Hilary Palmer & Michael Napier win at Midlands Long Distance Championships, along with Ben Squire.

Lake District Coaching Opportunity:

The Orienteering Federation is holding a coaching day in The Lake District again in 2023. They are keen to promote coaching of adult orienteers, who are often under-served, but also welcome groups including juniors.

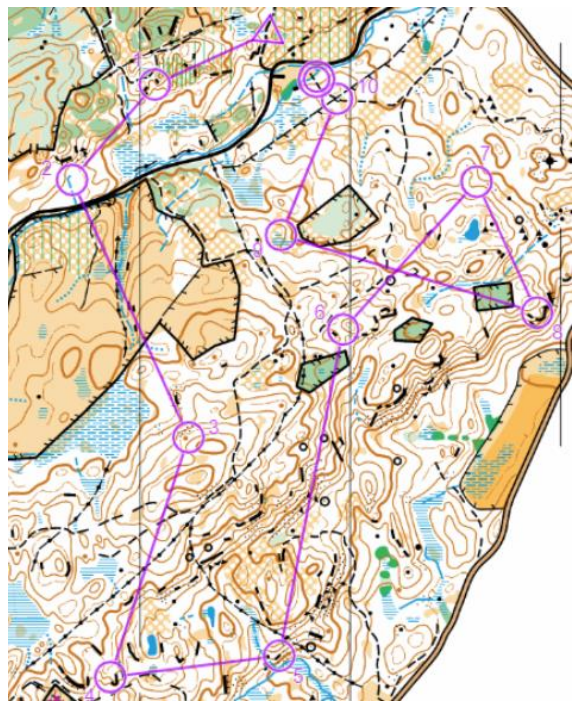
The date is Saturday 4th November at Graythwaite, a little way north of Newby Bridge. It's a good area of runnable woodland with contours that are not too complicated. It is expected that there will also be an event on Sunday 5th at nearby Roanhead hosted by LOC to make the most of the weekend.

NOC is considering making a group application where NOC coaches will arrange training for NOC members using the terrain available in Graythwaite.

Coaching costs along with accommodation and travel options will be developed subject to the level of interest received.

If you are interested in taking part (no commitment at this stage) please send an email **before 15th July** to coaching@noc-uk.org.

Individuals can participate separately to NOC by registering directly with the [Orienteering Foundation](#).



An example of a Short Green course on the Graythwaite area that will be used.

JK 2024 – Call for Helpers!

The JK next year will be hosted in the Midlands. As you might imagine, running such an event requires significant volumes of volunteers and the organisation of the event will involve a number of clubs across the East and West Midlands.

We are keen to get a feel for the number of NOC members who may be able to help with volunteering. If you plan on attending the JK event next Easter and feel able to help out in some way over that weekend, please send an email to Membership@noc-uk.org. Whilst precise roles have yet to be clarified, it would be good to understand the size of the volunteer pool the club can draw upon. Thanks in advance!

Some Recent Results & Achievements:

Midland Area Long Distance Championships - Shropshire

Congratulations go to Ben Squire, Michael Napier and Hilary Palmer for winning their age classes at this event. There were top ten finishes too for Ant Squire and Mick Lucking. Take a look at the [full results and Routegadget](#).

Carsington Pastures - EM League hosted by DVO

There were podium finishes for Christine Elliott, Simon Elliott and Richard Robinson and top ten places for Emma Rosewell, Hilary Palmer, Kevin Lomas and Paul Morris. See [DVO web page for full results and Routegadget](#).

Barrow - EM Urban League hosted by LEI

Congratulations to Paul Morris who won the MSV category. There were podium places for Ed Cochrane, Patricia Wong, Andrew Ridgway, Helen Parkinson and Kevin Lomas. Tricia Neal also recorded a top ten finish. Results and splits on the [SI website](#).

Gedling Country Park - Local event hosted by NOC

This local event was an opportunity for our new MapActive participants to try-out their newly acquired skills as well as provide a relaxed (if rather warm!) outing for existing members. Results can be found on the [NOC website](#).

Many thanks to all those involved in arranging the event and delivering it on the day: Dave Cooke for Permissions, David Olivant for the map updates, Hilary and John for providing Organising, Planning and Controlling duties; Andrew Ridgway for sign-ups, Mick Lucking for map printing, Michael Napier, Pauline Olivant, Robert & Louise Orgill for Results and on the day administration along with Paul Morris, Tricia Neal, Robert & Helen Parkinson, Jane Booker, Ant Squire and Vic Knight for on-the-day support.

It takes a lot of effort to put on even a small local event and we couldn't do it without volunteers. We're always looking for others to join our volunteer pool!

Bassetlaw Schools Event:

NOC volunteer Robert Parkinson together with Andrew Ridgway and Pauline Olivant organised an orienteering event for nine primary schools within the Bassetlaw district in June.

Almost 100 pupils took part in a twenty minute Score course and the event was well received.

Thanks to Ranby House School for use of their grounds. Thanks also to Andrew for managing the entry and results elements and Pauline for handling all enquiries on the day as well as helping with the results. Robert took care of the Organising, Planning and Controlling elements. Initiatives like this go a long way to promoting the sport within the local community.

Member Achievements:

Congratulations to Emma Rosewell who has achieved her Three Star Navigational Challenge Award.



Upcoming Events & Activities:

The next NOC hosted event will be at Burntstump Country Park on 15th July. This will offer Yellow, Orange, Light Green and Green courses. [Event details](#) are available on the NOC website.

Keep an eye too on the activities organised by Helen and Robert Parkinson via the [Bassetlaw District Orienteers](#). These activities allow you to practise your orienteering skills in an informal way and offer chat and refreshment afterwards. Price is just £2. Great value! For details of the next activity, take a look at the [Facebook page](#) or drop Robert an email at: BDO@noc-uk.org

LEI continue to provide events as part of their [Summer League](#) and LOG have an [Urban Series](#). You can also search for events further afield via the [British Orienteering website](#).



Finally, it is understood that MapRun6 has been updated to a newer version. It's just known as MapRun now (not MapRun 7 as you might expect). Members might wish to update their smartphones.

Happy summer orienteering!